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ST JAMES
THE APOSTLE
CATHOLIC PRIMARY SCHOOL
*Learning with strength
and in gentleness*

Student Wellbeing Policy

Rationale

The social, emotional, moral, spiritual and physical wellbeing of our students, in light of the values of St James the Apostle Catholic Primary School, is pivotal to their success at school and in their future lives. Students who are socially and emotionally healthy are able to deal positively with life's challenges, and are well placed to develop into well-balanced and successful young adults.

Aims

- To provide an educational setting that recognises, values and builds student wellbeing
- To equip students with the skills, knowledge and attitudes that promote healthy, socially and emotionally integrated young people

Implementation

At St James the Apostle Primary School, we aspire to:

- Support the wellbeing of our students and school community as central to our role as a school, and as reflected in the Gospel values
- Promote a culture of positive reinforcement and encouragement that permeates all facets of our school
- Acknowledge the work and achievements of students by constructive feedback and by regularly showcasing and publicly recognising their efforts
- Accept and encourage individuality, difference and diversity
- Offer students opportunities to embrace mindfulness and self-awareness
- Offer programs that support the wellbeing of parents and families
- Listen to students and encourage them to express their feelings, ideas and needs
- Set up or support community events that promote a sense of belonging and connectedness within the school, the parish and in the community

- Offer engaging learning experiences that lead to a sense of achievement and personal pride
- Give students the opportunity to reach out to others in need and to explore the meaning of compassion and social justice

Leadership in the school

- The school will provide a trained Student Wellbeing Leader, and will access Catholic Education Melbourne regional and network staff with wellbeing expertise as required.
- A Student Wellbeing Support Group is in place, comprised of the Principal, Student Wellbeing Leader, Learning Diversity Leader and staff representatives who will meet as the need arises to support staff of referred students.
- The Student Wellbeing and/or Learning Diversity Leader will liaise with community agencies to provide on-going assessments and support to members of our school community.
- National and State Government initiatives such as Values Education, Drug Education and National Safe Schools will form part of the school's Student Wellbeing program.

Evaluation

This policy will be reviewed as part of the School Improvement Plan, Wellbeing sphere.

Authorised by: Mary Abbott (Principal)

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